

## WAR DOLLARS

### DO THREE ESSENTIALS JOBS:

#### 1. HELP CARRY ON THE WAR—

Every possible dollar will be needed to bring the war to a successful conclusion. THEREFORE, every dollar you lend enables you to play a vital part in the great fight for freedom.

#### 2. CURB WASTEFUL SPENDING—

To retard spiralling prices and rises in the cost of living, income must be diverted from unwise purchases and made available for war use. WAR SAVINGS mean money put aside to aid essential war production.

#### 3. PROVIDE A NEST EGG—

Following every major war, there is a period of economic re-adjustment. The man who has taken his share of WAR SAVINGS will find this money very useful during this transition period.

CANADIANS MUST SPEND LESS TO BUY MORE

## War Savings Certificates

Space donated by the  
BREWING INDUSTRY OF ALBERTA

## BONSPIEL

The Bonspiel was a decided success from all reports.

Homer Butts, Hanna rink took the Grand Challenge, and Geo. Fowler, Osen, took the Merchants, Jim Peyton captured the Victory event.

The Sports Club wishes to thank the ladies around town who donated the doughnuts. And to all visiting rinks. Come again

### Ladies Card Club Met Tuesday Evening

The Ladies' Card Club met Tuesday evening at the home of Mrs. L. Cooley, which took the form of a far-well party in honor of Mrs. W. Gallagher, who intends leaving shortly for the coast. Honors were shared by Mrs. Robinson and Mrs. Pfeiffer. A presentation was made to Mrs. Gallagher after which a very dainty lunch was served by the hostess. The Club will meet next week at the home of Mrs. Lee.

### To The Citizens

The Card Party and Dance given to Mac Butts was well attended and all report a good time. As Mac was not prevailed upon to speak for himself. We his parents, assure you he was delighted. This recognition by friends also is a great satisfaction to parents of boys leaving all behind, to fight for our free institutions and our way of life. Let us have our house in better order up on their return.

Mr. and Mrs. D. L. Butts

Mr. Geo. Aitken went to Vancouver on business. He will probably detour for pleasure on his way back.

A lady asked our genial butcher for a dance, the shock cured his rheumatism.

## Co-operative

### Live Stock Shipping

List your Live Stock through Alberta Live Stock Co-operative for Shipment with Cooley Bros., Chinook.

Shipments will be made every two weeks or as often as necessary.

Ship your Stock Co-operatively and get all the market value.

## HOW TO FILL OUT YOUR APPLICATION FOR CANNING SUGAR

This year housewives must estimate in advance the amount of sugar required for canning and jam-making, so that arrangements may be made to provide and distribute the necessary supplies. Applications must be sent in to your Local Ration Board by April 15th. Use the application in your new Ration Book for this purpose.

Canning sugar will be allowed for all fresh fruits, including citron and wild fruits. Marrow, tomatoes and pumpkins are considered as vegetables and no canning sugar will be allowed for them.

### HOW TO FIGURE OUT THE AMOUNT OF SUGAR NEEDED

#### CANNING

Allow 1/2 lb. of sugar for each quart sealer.

Estimate the TOTAL number of quart sealers you plan to put up—then use the quick, practical method of allowing 1/2 lb. of sugar for each quart sealer. Don't try and decide exactly the number of each kind of fruit you plan to put up. Some fruits may be more plentiful than others. Base your estimates on the number of sealers you have on hand, what you put up last year, or what you think your needs will be this year.

Estimates based on these methods are within the canning sugar ration, and the amounts are satisfactory for wartime canning and jam and jelly making, as proven by test in the Dominion.

Department of Agriculture experimental kitchens.

#### JAM or JELLY MAKING

Allow 1 1/2 lbs. of sugar for each quart of jam or jelly.

Most people use jars of various shapes and sizes. Take a number of the jars you usually use and see how many cups of water they hold. Four (4) cups make a quart. In this way you will be able to estimate the number of quarts of jam or jelly your jars will hold. Then allow 1 1/2 lbs. of sugar per quart for your requirements. For example, for 8 quarts of jam or jelly, you will require 12 lbs. of sugar.



Your completed application must be sent to your Local Ration Board by

### Study this example

APPLICATION FOR CANNING SUGAR

I, Mrs. J. M. JONES, of the City of EDMONTON, Alberta, hereby apply for a ration of canning sugar for the purpose of canning fruit for my household.

My name is MRS. J. M. JONES  
My address is 60 CENTRE STREET, EDMONTON, ALBERTA  
My telephone number is ED 75632  
My occupation is HOUSEWIFE  
I am a Canadian citizen  
I am a resident of this city for the past 10 years  
I am a member of the following organizations: The Junior League

Mrs. Jones has decided that her canning programme will be 40 quarts of fruit of different kinds. She allows one-half pound of sugar for each quart, and therefore will need 20 pounds of sugar for canning. She decides that she will put up 6 quarts of jam and jelly. She allows 1 1/2 pounds of sugar for each quart of jam, and therefore will need 9 pounds of sugar for jam and jelly making.

She adds the two amounts of sugar together (20 + 9) and writes the total (29 pounds) on her application, together with the number of persons she intends to feed in her own household. To her own fully completed application form she attaches the application forms of the other persons in her household she is planning to feed. Only the individual serial numbers need be given on these accompanying application forms.

### IMPORTANT NOTE

The Dominion Department of Agriculture recommends canning fruit in preference to making jam or jelly because: More fruit can be put up with less sugar and at less cost. Canned fruit retains more of the vitamin value of the fresh fruit.

### WHEN AND HOW CANNING SUGAR WILL BE MADE AVAILABLE

When your Local Ration Board has reviewed your application you will be provided, sometime before June 1st, with special canning sugar coupons. These coupons will entitle you to buy sugar, at any grocery store, at specified intervals. You do not have to buy all your sugar at once.

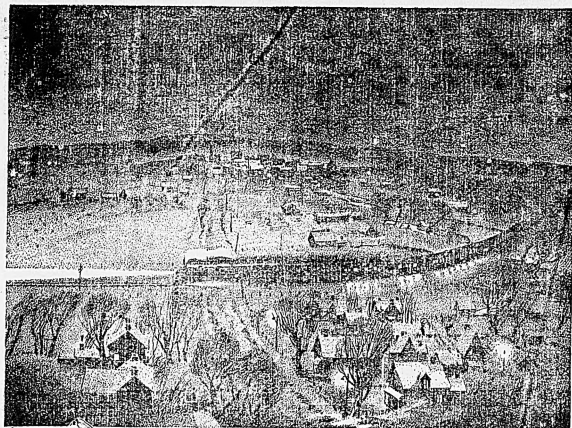
### COMPLETE AND SEND IN YOUR APPLICATION BEFORE APRIL 15

Complete your application form as shown in the illustration and mail it to your Local Ration Board not later than April 15th. Attach the application forms from the ration books of the other persons you will be feeding in your household. Do not write anything but the serial numbers of the owners on these other forms. Simply copy the serial numbers from the front of their ration books on to their application forms and pin them to your own fully completed application.

In estimating your canning and jam-making requirements, storage space should be carefully considered. Poor storage may cause spoilage and waste. Canned fruit should be kept in a cool, dry, dark place. Don't use canned fruits on your table when fresh fruits are available. Plan to use your home-canned fruits in the winter months only.

Remember—False Statements are Subject to the Full Penalty of the Law

RATION ADMINISTRATION



## WAR WHOOP

### 1943 MODEL

YOU HEAR IT at all hours... that long-drawn cry of the locomotive whistle. It's the war whoop of the railways.

It may be a troop train speeding to keep a date with a convoy... it may be a long freight loaded with tanks, guns and other materials of war, many of them built by the railways themselves... it may be another week's supply of raw materials to keep a war plant in production, or food, fuel and other essentials for the home front.

It is the proud war whoop of Canada's greatest war industry—the railways, which are serving the nation as effectively in war as in peace. Only the railways can furnish mass transportation on such a scale.

Your railways were ready... ready in war, so that Canada could strike with all her might. They will be ready in peace again to serve a greater Canada... rolling ever forward on high-ways of steel.

CANADIAN RAILWAY FREIGHT RATES ARE THE LOWEST IN THE WORLD

IF POSSIBLE  
AVOID TRAVEL  
OVER WEEK-ENDS  
AND HOLIDAYS

CANADIAN NATIONAL CANADIAN PACIFIC



Carrying the load in War and Peace







## Chinook Advance

Printed and published at Chinook Alta, on Thursday of each week. Subscription rates \$1.50 a year \$2.00 a U.S.A., payable in advance.

Mrs. M. C. Nicholson  
Publisher and Proprietor.



Chinook United Church

Rev. R. W. French, B.A.  
Service will be held in the  
United Church every Sunday  
11:45 a.m.  
Sunday School 10:30

For  
DRAYING  
Or  
TRUCKING  
Any Kind  
Satisfaction  
Guaranteed  
ROBINSON  
CARTAGE

## RESTAURANT

Meals at all hours

All Kinds Tobacco  
and Cigarettes  
SOFT DRINKS and  
Confectionary

ICE CREAM

Mah Bros

POST OFFICES  
SELL THEM

Take part of  
your change  
in

**WAR  
SAVINGS  
STAMPS**

FROM  
BANKS • POST OFFICES  
DEPARTMENT STORES • DRUGGISTS  
GROCERS • TOBACCONISTS  
BOOK STORES and other RETAIL STORES

Its compulsory to ration  
sugar Jack, but compulsory  
does not ration chairs,

Miss Winifred Marr is  
pending a few days with her  
grandmother, Mrs. Gingles, on  
the farm.

Mrs. W. Wilson who has  
been visiting with friends and  
relatives in Turner Valley  
and Calgary, returned on  
Saturday.

Mr. Geo. Wanner dead  
headed into Calgary Friday  
morning, and returned with  
his family Sunday. On his  
own steam.



## RENEWAL OF UNEMPLOYMENT INSURANCE BOOKS

To all Employers:

The 1942-43 Unemployment Insurance  
Books expire on March 31st.

New Insurance Books for the fiscal year  
1943-44 will be exchanged by the Local Employ-  
ment and Selective Service Office in your area  
for expired Insurance Books.

Do not send in your Insurance Books without  
completing forms enclosed with circular letter  
625.

If you have not received this circular letter,  
get in touch with your nearest Employment and  
Selective Service Office.

Where it is necessary to quote the Employee's  
Insurance Number, use the number with the  
prefix letter shown on the front cover of the  
book: example P-49247, E-22454. Do not quote  
the book serial number printed on the inside  
pages of the book.

Protect the benefit rights of your em-  
ployees by following closely the procedure out-  
lined in the circular letter, and prevent delays  
by acting now.

## UNEMPLOYMENT INSURANCE COMMISSION

HON. HUMPHREY MITCHELL  
Minister of Labour

COMMISSIONERS:  
LOUIS J. TROTTER  
R. J. TALLON  
ALAN M. MITCHELL

## Gifts Of Mercy

The Chinook Consolidated School in an integrated educational activity programme sponsored a "Red Cross - Milk for Britain Fund" enterprise. The splendid co-operation of the people in the district resulted in two very successful bazaars on Friday March, 12th and again on Friday, March 19th. With all expenses paid, the students have sent in sums of \$161.15 to the Canadian Red Cross, and \$47.64 to the Milk-for-Britain Fund.

The students and staff of the school take this opportunity of thanking the public for the noble manner in which they responded to the mercy appeal, and for the invaluable assistance and co-operation so freely offered to the school. The cause is JUST and WORTHY, the need is written in terms of humanity, and you have put into the hands of the Red Cross and the British Children your own personal gift of mercy, so we of the school say "Thank you for your open handed and heart felt generosity"

John C. Chryk,  
Principal of Chinook Consolidated School.

Mr. Ethan Hagey who spent the winter months with his mother and other relatives, in Preston, Ontario, returned to his home here this week.

## Moisture Conditions

The change in weather conditions of the last few days has spoiled the roads for sleighing. Some of our farmers had planned to draw some of their wheat to the Elevator, but the disappearance of the snow has made this impossible with teams and sleighs, and drifted conditions of the roads will make it very difficult with Wagons and Trucks for some time.

The rapid disappearance of the snow has caused considerable run off. We notice the sloughs are filling up, and the dams should be full. This will solve the stock watering problem this summer for the farmers, and also help the feed situation in regard to slough hay.

Moisture conditions in the soil are better than last year, the rainfall during the fall months, combined with moisture from the snow this winter makes the prospect of a good crop very promising.

## THIS WEEK'S SPECIALS

Dr. Jackson's Roman Meal pkt.	33c
Grape Nuts Posts choice Food 2 pkts	34c
Brookfield Cheese 2 lb box per box	69c
Royal Crown Lye 2 Tins	23c
Jif Soap Flakes large pkt	26c
Classic Cleanser 5 tins	27c
Ellison's Wheatlets 3 lb pkt	15c
Postum Cereal - a bedtime beverage	48c
So-Ho. Sodas, dollar Box	42c
Rinso Giant pkt per	59c

## BANNER HARDWARE AND GROCERY

## CHINOOK MEAT MARKET

Starting April 1st, this Store will be closed all day Tuesdays and Thursdays until further notice.

## FOR SALE

Gold Medal Calf Meal  
Hog & Poultry Supplement  
Chick Starter, Oyster Shell  
& General purpose Grit

J. C. Bayley  
Proprietor

HAPPY IS THE  
HOUSEWIFE  
WHO BAKES WITH  
ROYAL YEAST  
HER BREAD IS  
TENDER, TASTY  
AND EVERY SLICE  
A "FEAST"

**PURE...  
DEPENDABLE**

MADE IN CANADA

CANADA NEEDS 40 MILLION POUNDS OF FAT  
**HERE IS YOUR SECRET WEAPON**  
GLYCERINE

## Save Fats and Bones

**AND HELP SMASH THE AXIS!**  
The next time you are frying or roasting something, just imagine the satisfaction it would give you to pour that hot fat right down the back of Adolph, Tojo or Benito.  
You can even do better than that. Fats make glycerine, and glycerine makes high explosives to sink their submarines, destroy their aeroplanes and tanks. Bones produce fat, also glue for war industry.  
Every spoonful of dripping, every ounce of scrap fat, and every bone, cooked, uncooked or dry, must be saved. Strain all drippings through an ordinary strainer into a clean wide-mouthed can. When you have collected a pound or more of fat drippings take it to your meal dealer who will pay you the established price for the dripping and the scrap fat. Or you can dispose of them through any Municipal or Salvage Committee collection system IN EFFECT in your community.  
You can be a munition maker right in your own kitchen. So—every day, this easy way, keep working for Victory by saving every drop of fat dripping, every piece of scrap fat, and every bone.  
This campaign is for the duration.

**DEPT. OF NATIONAL WAR SERVICES  
NATIONAL SALVAGE DIVISION**